

# **2014 FEDERAL BIKE TO WORK CHALLENGE**

## **Department of the Interior Results with Bureaus**

(Based on data provided by Cascade Bicycling Club)



## **Introduction**

Congratulations to 2014 Federal Bike-to-Work Challenge teams and riders from the Department of the Interior. The number of DOI bicyclists grew from 20 bicyclists in 2012, to 826 active bicyclists in 2013 to 890 in 2014. Of the 890 riders, 789 riders were on 146 teams and 101 participated as individual riders. DOI participants represented more than a third of the 2,170 federal riders in the Challenge. Our employees bicycled 8,693 round trips totaling 92,123 miles, which is equivalent to reducing 90,281 pounds of CO2 emissions from car travel, and burning 4,514,028 calories. Thank you for exemplifying the Department's commitment to reducing our carbon footprint and encouraging physical activity.

Teams from DOI won several awards (see description at bottom) including:

Best Team Captain: Mike Randall of the USGS Gainesville FL Biologists on Bikes team

Most Enthusiastic New Commuter: Mary Lambert, National Park Service, New Orleans, LA

Most Improved Commute Facilities: DOI Stewart Lee Udall Building, Washington, DC

Highest Team Commute Rate: Portland's (OR) Cycling Solicitors

Below are noteworthy DOI teams and riders with a large number of trips and high bike commute rates. Bike commute rates are the percent of possible commutes completed by bicycle. The DOI results are followed by results for DOI Bureaus.

**DOI team results (146 teams):**

Most new bicycle commuters:

1. YAhooers, Yellowstone Association, 6 new riders
2. 4 Corners Cyclists, USBLM, 5 new riders  
Winnemucca, USBLM, 5 new riders  
Indiana Dunes National Lakeshore, NPS, 5 new riders

Most trips:

1. BLM Utah State Office, US BLM, 185.5 trips (18.6 trips/rider)
2. USGS WIWSC: Barrel Aged, USGS Wisconsin Water Science Center, 168.5 trips (16.9 trips/rider)  
USGS FRESC SRFs, USGS Forest and Rangeland Ecosystem Science Center, Corvallis, OR, 168.5 trips (16.9 trips/rider)
3. USGS FRESC Corvallis, Forest and Rangeland Ecosystem Science Center, Corvallis, OR, 161.5 trips (16.2 trips/rider)

Most miles:

1. USGS WIWSC: Barrel Aged, USGS Wisconsin Water Science Center, 3,876 miles (388 miles/rider)
2. BLM Utah State Office, US BLM, 2,348 miles (235 miles/rider)
3. USGS ORWSC Portland Pedalers, USGS, 1,813 miles (181 miles/rider)

Highest Commute Rate:

1. Portland's Cycling Solicitors, DOI Solicitors Office, Portland, OR, 96.8% (7 riders)
2. BLM Utah State Office, US BLM, 95.3% (10 riders)
3. USGS ORWSC Fighting Monkeys, USGS, 93.8% (10 riders)

### **New DOI bicycle commuters results (188 new bicycle commuters):**

There were 188 new bicycle commuters who started cycling to work as part of the challenge. Congratulations to you for trying commuting by bicycle. One of the goals of the challenge is to introduce to employees bicycling as a way of commuting. Hopefully you enjoyed it and will continue to cycle to and from work.

Noteworthy among the new bicycle commuters were the following individuals:

Most trips for new bicycle commuters:

1. Jen Medl, Rolling Thunder, USBLM Alaska Fire Service, 22.5 trips
2. Shawn Skelton, 907 Pedaling Parkies, NPS, 21 trips  
Debbie Fellows, YAhooers, Yellowstone Association, 21 trips
3. Jose Ruybalid, 4 Corners Cyclists, USBLM, 20 trips

Most miles for new bicycle commuters:

1. Carrie Wallace, Resources Revenue Riders, Secretary's Office of Natural Resources , 372 miles (24 miles/trip)
2. Jen Medl, Rolling Thunder, USBLM Alaska Fire Service , 360 miles (16 miles/trip)
3. Derrick Eisenbeis, Snake River Area Office, USBR, 316 miles (22.6 miles/trip)

Highest commute rate for new bicycle commuters (5 riders biked 100% of possible commutes):

- Shawn Skelton, 907 Pedaling Parkies, NPS, 100% (21 trips)
- Debbie Fellows, YAhooers, Yellowstone Associates, 100% (21 trips)
- Andy Dean, Password is Taco, USFWS, 100% (17 trips)
- unnamed, solo rider, USFWS, 100% (12 trips)
- Rick Vollick, Northeast Representative Speedies, USFWS, 100% (8 trips)

**All DOI bicycle commuters results (890 bicycle commuters):**

Most trips:

1. Cameron Sanders, Anchorage Alaska Public Lands Information Center, NPS, 31 trips (two jobs)
2. 'bicycle', Rolling Thunder, USBLM, 27 trips
3. Glen Tarr, FED\_BUG\_95825, USFWS, 24.5 trips

Most miles:

1. Glen Tarr, FED\_BUG\_95825, USFWS, 1304.1 miles (53.2 miles/trip)
2. Jason Werner, Emission Remission, USFWS, 1069 miles (50.9 miles/trip)
3. Trent Duncan, BLM Utah State Office, USBLM, 682.5 miles (35.0 miles/trip)

Highest commute rate:

There were 86 individuals who commuted 100% of their trips in the month of May 2014. Of the 24 riders, 7 bicycled 22 or more trips:

- Cameron Sanders, Anchorage Alaska Public Lands Information Center, 100%, NPS, 31 trips
- 'bicycle', Rolling Thunder, USBLM, 100%, 27 trips
- Mark Hayes, USGS FORT, USGS Fort Collins, CO, 100%, 23 trips
- Dave Owens, USGS WIWSC: Barrel Aged, USGS Wisconsin Water Science Center, 100%, 22 trips
- Jarom Gilbert, Idaho Falls Multiple Use Mashers, BLM, 100%, 22 trips
- David Minaglia, Pedal Partners, NPS, 100%, 22 trips
- Brendan Fluckiger, The Olympic Hurricanes, NPS, 100%, 22 trips

## Bureau results:

### 2014 Federal Bike to Work Challenge Results for Department of the Interior and Bureaus

	Teams	Team Riders	Total riders	First time riders	Total trips	Total miles	Miles per trip	Rate %	CO2 saved	Calories burned
DOI	146	789	890	188	8,693	92,123	10.6	52.3	90,281	4,514,028
USGS	43	264	298	42	3,111	32,759	10.5	58.0	32,104	1,605,196
NPS	43	219	245	71	2,280	21,329	9.4	49.2	20,902	1,045,106
USBLM	22	125	141	36	1,363	14,095	10.7	48.8	13,813	690,635
USFWS	18	85	102	16	1,050	12,352	11.8	53.7	12,105	605,248
USBR	12	53	54	11	417	6,497	15.6	40.9	6,367	318,331
Secretary	4	19	20	2	223	2,492	11.2	57.7	2,433	122,127
Solicitors	1	6	8	0	123	1,298	10.6	83.6	1,272	63,607
Yellowstone Assn	1	9	9	6	84	235	2.8	57.0	230	11,505
OSMRE	1	6	6	2	38	335	8.8	36.3	328	16,391
BIA	1	3	6	2	37	686	18.8	31.5	672	33,590
BOEM	0	0	1	0	9	47	5.2	40.9	46	2,293

Ordered by number of trips

Total riders equal team riders plus solo riders

Rate is average of riders' commute rate by bicycle

CO2 based on driver alone in vehicle with 20 miles/gallon in city conditions (0.98 lbs/mile)

Calories burned assumes a 154 lb person bicycling at 12 miles/hour will burn 49 cal/mile

## 2014 Award Winners

### Best Team Captain: Mike Randall, U.S. Geological Survey (Gainesville, FL)



*Mike Randall with his Biologists on Bikes in team-issue t-shirts.*

Mike has been a leader in his office for bike commuting since 2010. From humble beginnings logging rides with tic marks on a dry erase board to an elaborate spreadsheet created to track rides, miles, calories burned, gallons of gas saved and carbon offset, Mike has been a motivational force to get people at his lab biking. With the longest commute of all their riders (24.6 miles roundtrip), he battles more than most when the weather turns foul.

Tipping the height chart at 6'3" on a 60cm commuter bike laden with panniers, Mike can't be missed on the road; to describe him as highly visible is an understatement. He leads the pace line of other commuters on days with inclement weather shepherding riders safely on our way. Humid Florida in May is as much swimming as biking and Mike has led his team, [Biologists on Bikes](#), with a total of 381.3 miles logged to date this month with zero complaining. No wonder he sometimes goes by 'Bikezilla'!



*Trophies Mike created for teammates from road-side trash*



Mike's leadership and influence to get people from the lab out of their cars and onto bikes extends all year long. Throughout the year, commuters collect scraps of metal, lost tools, children's toys flung from cars and anything else that ends up littering bike lanes and gives them to Mike. Then, Mike uses his welding skills and a little creativity to construct unique trophies for riders, creating incentives to ride while converting trash to treasure.

**Most Enthusiastic New Commuter: Mary Lambert, National Park Service (New Orleans, Louisiana)**

As a new bicycle commuter this year, Mary Lambert showed great enthusiasm, formed her own team, the [Zydeco Riders](#), and helped shape community through biking. The [story](#) about Mary highlighted in our last Federal Flyer newsletter was so well received, she's being officially awarded with this 'enthusiastic' title today. Keep raising your flag, Mary, and having fun to let the good times roll!



*Mary Lambert gets a beignet in the French Quarter*

**Most Improved Commute Facilities: Stuart Lee Udall Building, Dept. of the Interior (Washington DC)**

Just two years ago, the DOI's Stewart Lee Udall Building, otherwise known as the "Main Interior Building" (MIB), had less than ideal bike commute facilities. If you commuted to the MIB and weren't a gym member, showering wasn't a possibility. However, thanks to a recent modernization program from the Interior Business Center, 10 complementary showers and changing rooms were installed. Now, with free soap and day time lockers, both cyclist and runner commuters are part of the norm. The hot water always works, even on the coldest days. The facilities are kept clean and the sinks and mirrors sparkle.



*DOI's Stewart Lee Udall Building new facilities*

## **Highest Team Commute Rate: Portland's Cycling Solicitors, DOI (Portland, OR)**

[Portland's Cycling Solicitors](#) finished with a 96.8% Team Commute Rate!

They are attorneys for the DOI, about half of whom are regular bike commuters (one has been a daily bike commuter for about 23 years, rain or shine). But others on the team are usually occasional bike commuters - these folk really stepped up their efforts to keep numbers up this month. Says team Captain, Frank Wilson, "We're particularly happy to keep our numbers up in May when it's still a bit wet in Portland--even the fair-weather bikers on our team broke out the rain gear this month. In addition, we have a friendly competition with our cross-town rivals at the USGS." The idea of not letting their clients over at USGS beat them again this year was also inspiring. Impressive efforts, Solicitors!